

Act for Diversity



Līdzfinansē
Eiropas Savienības programma
“Erasmus+”



ERASMUS+ TRAINING COURSE FOR YOUTH WORKERS

Brief Description of the Training Course

For the past 3 years, more than 1,000,000 refugees and migrants entered Europe because of the constant conflicts in Eritrea, Syria, the existing violence both in Afghanistan and Iraq and the extreme level of poverty in Kosovo. In 2019, in view of the critical situation where thousands of families have been encountering problems are strongly related with the decline of the political systems in their countries, are still attempting to approach the EU lands, mainly via countries, such as Italy, Albania and Turkey. They seek to achieve a better quality of life.

This Erasmus+ training course aims to provide high-quality training to young educators / trainers who are dealing with the issue of refugees' and migrants' integration into modern European Union societies, by setting as a prime aim to disseminate this specific approach-system of integration, composed of non-formal methods of education, to other organisations and foundations procuring from the rest of the EU countries.

To be more clear, "Act for diversity" is seeking to provide young educators with the appropriate know-how, through a well established and concrete methods on inclusion and integration.

Goals and Methods

After the TC completion, the youth workers/educators will be capable to methodically work with mixed groups consisting of both Europeans and migrants & refugees, in order to achieve the social integration of the latter into the already existing communities.

To accomplish this target, the activities of this project concentrate on a plurality of related concepts, such as social inclusion, conflict management, intercultural learning, coexistence of religions, violence applied by social networks and the net, psychology of digital victims, racism and anti-racism, multi-cultural bonding, tolerance, democracy, diversity appreciation, citizenship, leadership and active participation.

All these concepts are being approached through creative, experiential methods, based on non-formal educational tools, including simulation exercises, role play, creative activities, structured dialogues, group building, energisers and breaking the ice activities, theatrical games, guided discussions, presentations, activation of five senses, online activities, experimental processes, cultural activities and strategic planning.

Partner organisations

- LATVIJAS JAUNIESU ATTISTIBAS CENTRS (Latvia)
- EUROPEYOU (Spain)
- JUGEND, BILDUNG UND KULTUR EV (Germany)
- ASOCIATIA D.G.T (Romania)
- LOKALNA AKCIJSKA GRUPA ZAGORA (Croatia)
- ASOCIACIJA TAVO EUROPA (Lithuania)
- SDRUZHENIE ALTERNATIVI INTERNATIONAL (Bulgaria)

Profile of participants

Background of participants:

- Participants of the project are expected to be youth workers, youth leaders, people active in youth NGOs.

Needs of participants:

- To learn new techniques based on methods of non-formal education, in order to be capable to achieve the integration of migrants and refugees in a group composed by both Europeans and refugees / migrants;
- Desire to network and work with people from different backgrounds and countries.

Selection criteria:

- Willing to disseminate what will have acquired in the training;
- Ability to develop relevant trainings in their organization;
- To be passionate about the project idea.

Age limit:
18+

Dates and venue

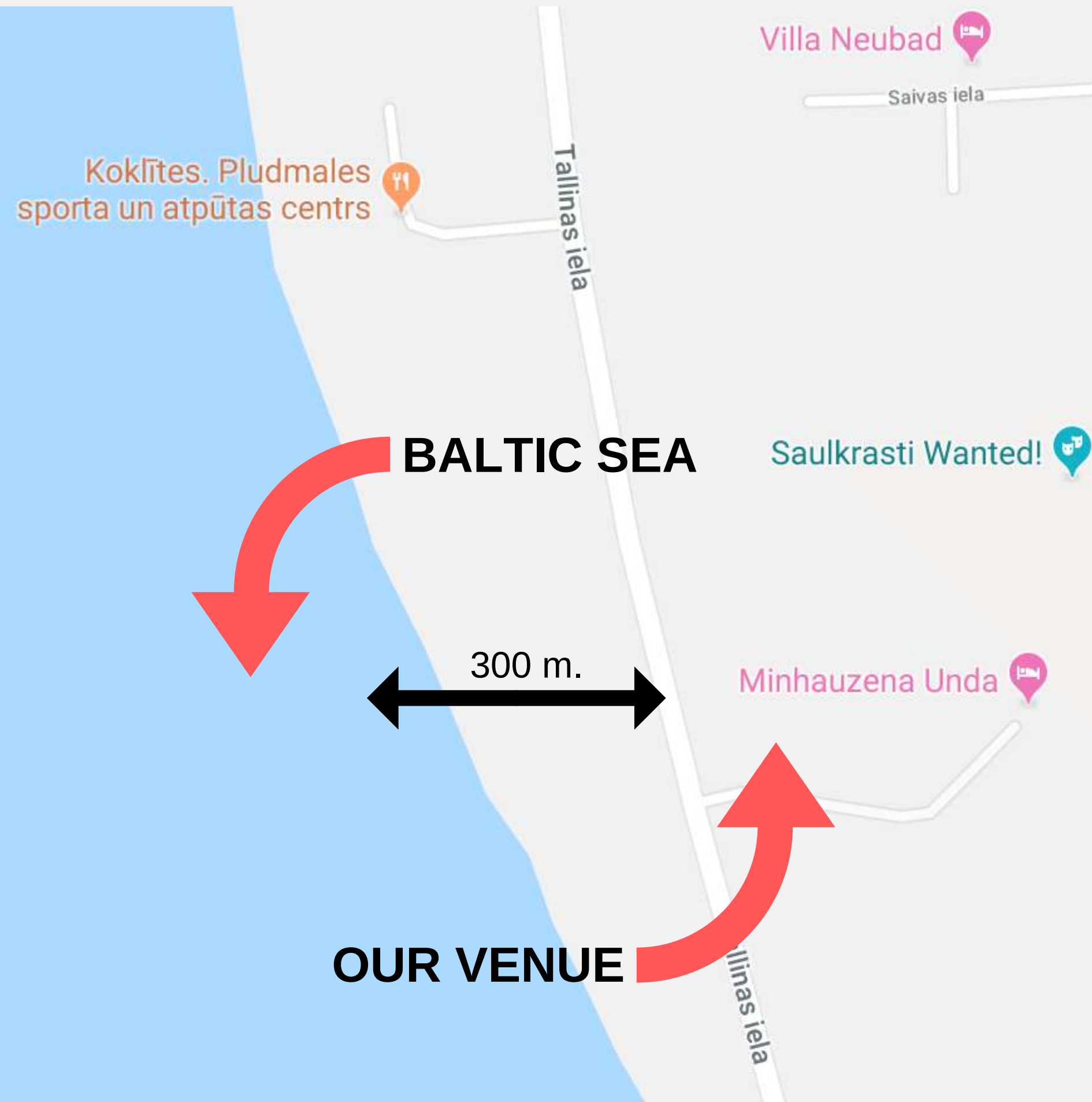
Arrival day: 7 March 2022

Departure day: 13 March 2022

Venue: Hotel "Minhauzena Unda",

City: Saulkrasti, Latvia

Please note that organisers are not responsible for participants' accommodation, food and transport for extra days both before and after the project dates.



Accommodation

Venue: 3* Hotel "Minhauzena Unda".

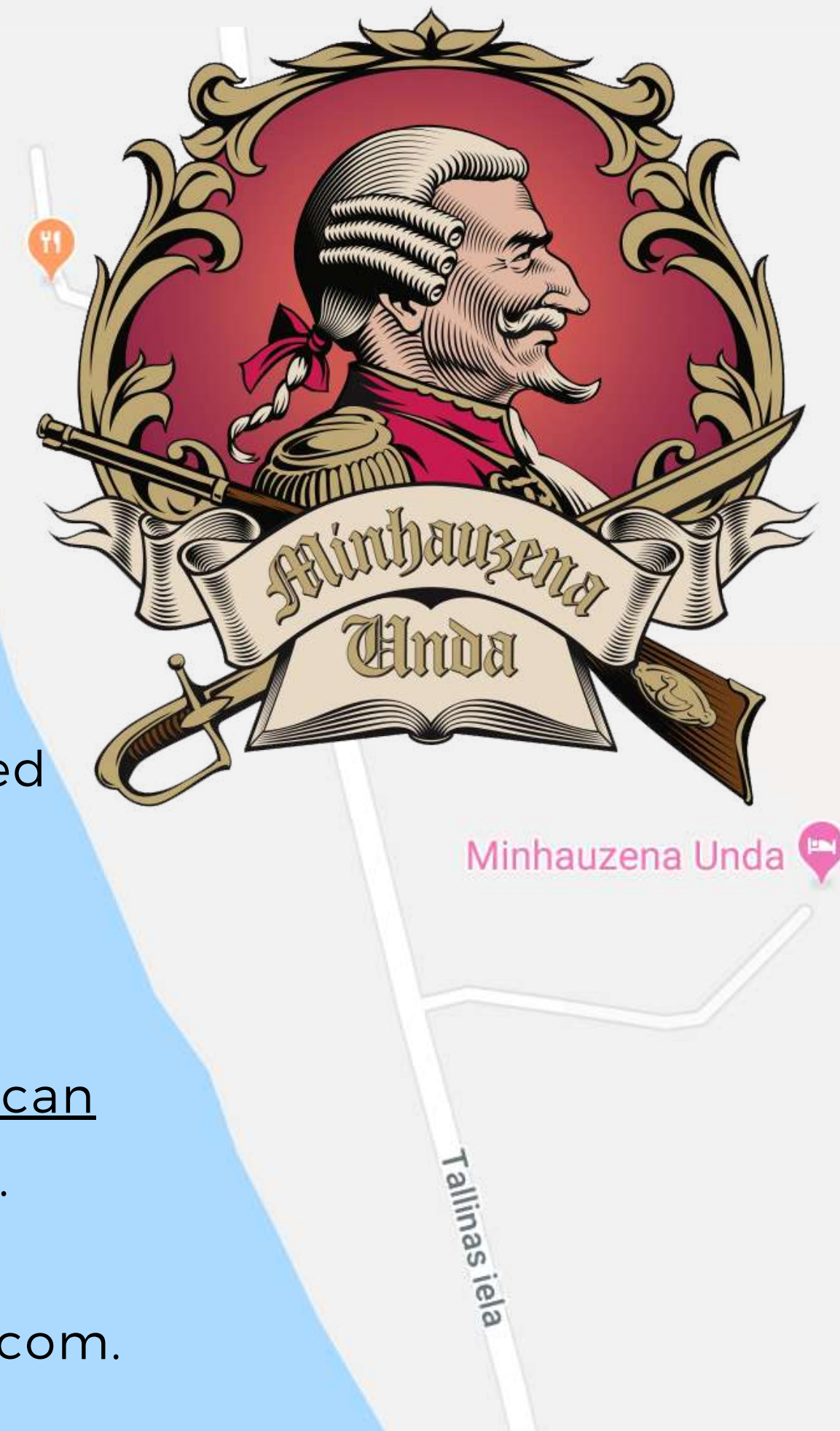
Participants will share gender-separate rooms.

Each room of the venue has separate beds, provides bathroom (toilet, shower cabin). Participants will be provided with 3-times meals and a coffee break per day. A special menu will be prepared for vegetarians, vegans, etc.

The venue provides bedsheets, towels and free WIFI.

Please be aware that due to high amount of people WIFI signal can be unstable. For personal use please take a 4G backup, if needed.

For more details, please visit its webpage or check it on Booking.com.





INTERCULTURAL EVENINGS

We will have intercultural evenings where you will be able to present your country.

Each country will have up to 20 minutes for presentation, divided into 2 parts:

- The first part will involve quizzes, Kahoot, dancing, songs, videos, or anything else - at your discretion!
- The second part will involve a table with food and drinks. Bring something that represents your country, which we would love!

And, of course, your table will look brilliant with your national flag - bring it if possible!

How to get to the venue

If you are traveling with your team, the most convenient way to get from Riga Airport to Riga Central Station is the **YANDEX GO** app - this taxi app provides cheap services. Even if you split the cost for two (to the center of Riga it will be about € 7-10). Here's what the app looks like:



You can also get a **FREE RIDE OR A GOOD % OFF** if you enter the following promo code as soon as you download the app and register your Visa or Mastercard: **UHAG8RIC**

Since, unfortunately, according to Erasmus+ rules, we cannot reimburse taxi, we highly recommend using this option with a promo code.



MORE ABOUT FREE RIDES AND DISCOUNTS

YANDEX GO will take you from Riga Airport to the project venue for about 30-35 EUR. Use promo code **UHAG8RIC** and get a discount from the first trip. This means that the trip will cost you less. It will also save a lot of your time due to not having to wait for the bus/train/pickup. If you have a group of 3 or 4 people, it might make sense, **You are welcome :)**

How to get to the venue with public transport

Take bus or minibus 22 from Riga Airport to the city center and get off at the "**Autoosta**" stop.

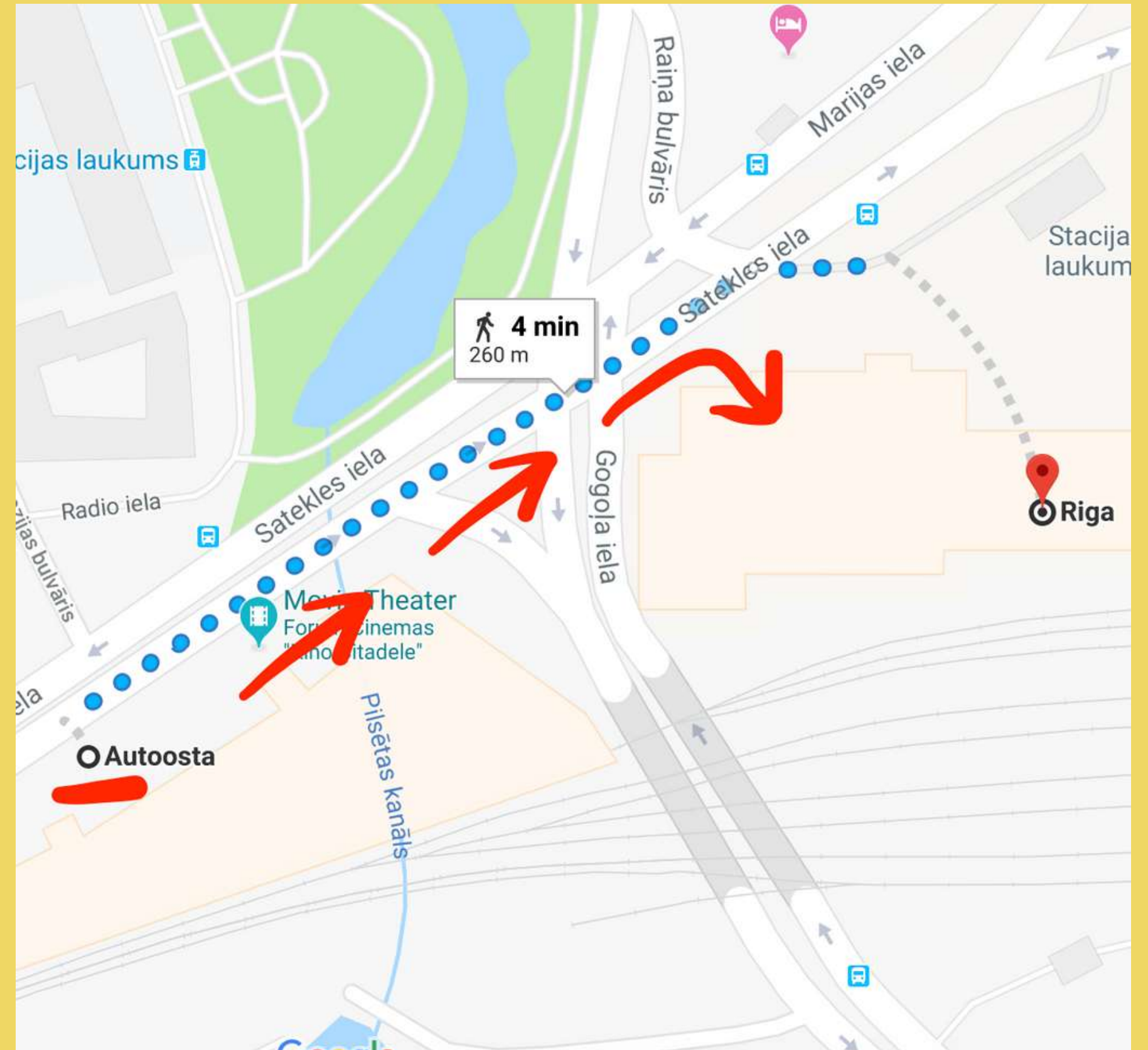
Ticket price: 2 EUR / person

From the bus stop "**Autoosta**" walk about 4 minutes (260 m) to the **Central Railway Station "ORIGO"**.

At the station you buy a ticket to **Saulkrasti**. Trains run every hour, so you do not have to wait long. And the travel time will be about 1 hour.

Ticket price: 2 EUR / person

Attention: Let us know **when you depart**, so that we are ready to pick you up from the Saulkrasti train station and take you to the project venue.



Travel Reimbursement

International travel expenses can be reimbursed **ONLY** upon presentation of **ALL ORIGINAL DOCUMENTS** stating your travel information and costs, namely:

1. Boarding passes (For round trip),
2. Tickets (Also e-tickets),
3. Receipts (In case the tickets are bought by cash),
4. Invoices **and** card payment history (In case the tickets are bought by bank card),
5. Payment checks / Bank statements.

Participants are requested to bring with them all mentioned documents, likewise, any other payment bills, checks, tickets and payment prove that they will get during the travel. Regarding way-back tickets and boarding passes, they should be sent by international post service to "LJAC" in LATVIA (example: check-in at airport) or by e-mail (if they were issued through online check-in). **SCANS / PHOTOS / SCREENSHOTS ARE NOT ALLOWED!!!**

Because of Erasmus+ rules, unfortunately we cannot reimburse Taxi costs.

Reimbursement for ALL COUNTRIES will be done by BANK TRANSFER after we have all original tickets and relevant documents.

Reimbursement Limits

per participant

- LATVIA 20 EUR
- LITHUANIA..... 80 EUR
- CROATIA..... 275 EUR
- ROMANIA..... 275 EUR
- GERMANY..... 275 EUR
- BULGARIA..... 275 EUR
- SPAIN..... 360 EUR

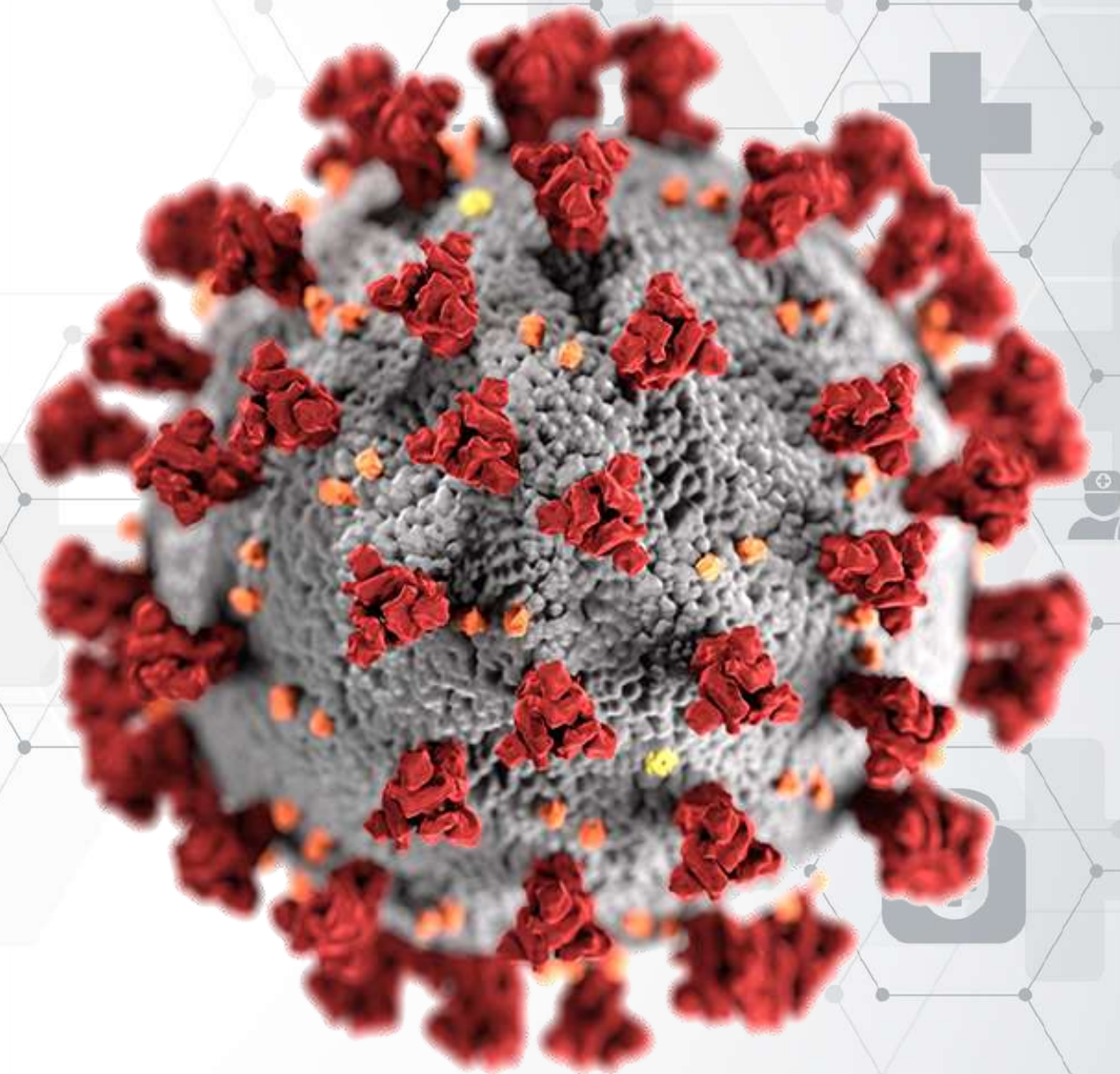
COVID-19 RULES

PLEASE READ THE FULL INFORMATION ON THE WEBSITE OF THE GOVERNMENT OF LATVIA: [HTTPS://COVID19.GOV.LV/EN](https://COVID19.GOV.LV/EN)

48 HOURS BEFORE YOUR ARRIVAL YOU HAVE TO FILL THE FORM ON THIS WEBSITE: [HTTPS://COVIDPASS.LV/EN/](https://COVIDPASS.LV/EN/) AND PRESENT PROVIDED QR-CODE AT THE AIRPORT GATE.

PLEASE NOTICE THAT EACH PARTICIPANT HAS TO ASSUME ITS OWN EXPENSES FOR COVID TESTS.

PLEASE REMEMBER ABOUT TRAVEL INSURANCE WHICH COVERS COVID-19 RISKS, ILLNESS, PERSONAL LIABILITY, CANCELLATION, THEFT, ETC. FOR THE WHOLE DURATION OF THE PROJECT VALID IN LATVIA.



THINGS TO BRING

- Valid passport for travel, residence permit, etc.;
- All required travel documents;
- Travel insurance which covers COVID-19 risks;
- COVID-19 Vaccination Certificate;
- COVIDPASS.LV QR-CODE;
- Comfortable shoes or sneakers, outdoor suits & raincoats which can be needed during outdoor activities;
- What could entertain participants during free time, eg. games, music, musical instruments, etc;
- Group activities and new ideas are welcome;
- Traditional food, drinks, music, dances, songs, etc;
- Medicine you may need, etc.



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